COMPLEX NEEDS

1. What is 'Complex Needs"?

Everyone is unique and shaped by their experiences.

People have a variety of needs and it's the interaction of these multiple needs that leads to complexity.

2. Key Messages

- We can only understand and meet needs if we consider the cumulative impact of complex experiences, rather than focus on one issue at a time
- Assess the needs of all those involved and consider the impact
- Dynamic and changing circumstances means that you need to be continually open to re-assessment
- Consider how the vulnerabilities and needs of those in the close network impact on the wellbeing of the person you are working with



Experiences

collaboration

4. Resources

- LSCP 'Early Help' guidance includes information on producing genograms and timelines
- LSCP Neglect tool kit a document to support professionals in their understanding, identification, assessment and interventions
- LSCP Learning from Case Review SC17
- SCIE Strengths-based social care: Adults, Children, young people and families
- SSAB Structured Partnership Approach Guidance

What Does This Mean for Me?

- Will a chronology help your understanding of significant events in a person's life?
- Would a genogram help your understanding of family & network relationships?
- Do you understand the limitations of your knowledge & the expertise partners can bring?
- Consider people's strengths, not just the challenges
- Do you understand trauma informed practice?
- · If you are struggling to engage the person, what else can you do, or who could help?
- Be flexible and work to their needs rather than yours

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